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MINNESOTA BULLETIN NO. 360-6-1

SUBJECT: PER-SAFETY AND HEALTH

Purpose. To provide information on providing emergency contact information using I.C.E.

Expiration Date. September 30, 2007.

Did you know the word I.C.E. could save your life? According to emergency medical responders, I.C.E. stands for In Case of Emergency. Paramedics are asking all people that carry cellular phones to program the word ICE into their cell phone directory with an emergency contact name and number.

By adopting the ICE method, your cellular phone will help rescue services quickly contact a family member or friend, which could be vital in a life or death situation. Emergency medical responders can contact someone and find out your medical history that may be able to better assist your needs.

Simply select a new contact in your phone book, enter the word 'ICE' and the number of the person you wish to be contacted. For more than one name make duplicate entries with ICE1, ICE2, etc.

The life you help save may be your own.

WILLIAM HUNT
State Conservationist

DIST: AE